

MENU SUBJECT TO CHANGE

Hartford Central School		March 2021			Breakfast/Lunch Menu	
Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday	Facts
Monday Assorted Cereal w/ WW Toast Fruit, Juice, Milk	1 Tomato Soup Grilled Cheese Sandwich Green Beans	2 Chicken Fajita W/ Lettuce, Cheese, Salsa, & Sour Cream BBQ Beans Steamed Corn 🍷 DR. SEUSS BIRTHDAY 🍷	3 Chicken Parmesan W/ Pasta Steamed Broccoli Bread W/ Butter	4 Pulled Pork Rice Green Beans Coleslaw Dinner Roll W/ Butter Apple Crisp	5 Tanager Pizza Bianca, Cheese, or Pepperoni Fresh Garden Salad w/ Dressing	Breakfast K-12...\$1.00 Lunch K-12...\$1.80 Reduced...\$.25 Milk...\$.50
Tuesday Bagel W/ Cream Cheese or Peanut Butter Fruit, Juice, Milk	8 Hot Dog K-8 Double Dog 9-12 Rotini BBQ Beans Steamed Carrots	9 Mac N Cheese Green Beans Bread W/ Butter Jello	10 Diced Chicken W/Cheese Rice Steamed Broccoli Breadstick	11 Taco Thursday! WG Tortilla Chips W/ Seasoned Beef Lettuce, Cheese, Salsa, & Sour Cream Steamed Corn	12 Tanager Pizza Cheese, Pepperoni, or Specialty Pizza Fresh Garden Salad w/ Dressing	Included Daily - Fresh or Canned Fruit -Fresh Or Canned Vegetable -Choice of Fat Free or 1% Milk
Wednesday 2 Blueberry Muffins Fruit, Juice, Milk	15 Hamburger On WW Bun Rice Steamed Carrots	16 Taco Tuesday! Chicken Nachos W/ Lettuce, Cheese, Salsa, & Sour Cream Steamed Corn	17 Spaghetti W/ Meat Sauce Shredded Cheese Steamed Broccoli Bread W/ Butter Jello 🍀 ST. PATRICK'S DAY 🍀	18 Brunch for Lunch! French Toast Sticks W/ Syrup Hashbrown Sausage Patty Fresh Carrots Juice	19 Tanager Pizza Bianca, Cheese, or Pepperoni Fresh Garden Salad w/ Dressing	Daily Alternate Meal Options Include: -PBJ Sandwich - Deli Sandwich: 3/1-3/5 Ham 3/8-3/12 Tuna 3/15-3/19 Chicken Salad 3/22-3/26 Egg Salad 3/29-4/2 Ham
Thursday Mini Waffles Fruit, Juice, Milk	22 Chicken Nuggets French Fries Steamed Carrots	23 Sloppy Joe Tortilla Chips Steamed Corn Chocolate Pudding Juice	24 Chicken Patty Pretzels Green Beans Chocolate Chip Cookie	25 Taco Thursday! Hard Shell W/ Seasoned Beef Lettuce, Cheese, Salsa, & Sour Cream Steamed Broccoli	26 Tanager Pizza Bianca, Cheese, or Specialty Pizza Fresh Garden Salad w/ Dressing	PARENTS! If you have not yet filled out a Free & Reduced application for your student(s), PLEASE give us a call at 518-632-5222 ext.273. This is the best way for your kid(s) to get great meals and the most
Friday Donut W/ Yogurt Fruit, Juice, Milk	29 Chicken Parmesan W/ Rotini Steamed Carrots	30 Walk Away Taco! Bag of Doritos W/ Taco Meat Lettuce, Cheese, Salsa, & Sour Cream Steamed Corn	31 Hot Dog K-8 Double Dog 9-12 French Fries Steamed Green Beans	***If there is a delay there will be NO breakfast served that day. If school is canceled the menu will remain the same***	PARENTS! Please remind your students that ala carte, snack, or any extras charges are not permitted. Please plan ahead.	important factor in the sustainability of the school meal program. ***Parents Visit*** www.myschoolbucks.com to manage your children's meal account

*** All Full Breakfast should include 2 WGs or 1 WG and 1 protein, and a fruit. You may also choose juice and milk. 3 of 5 meal components make a full meal. Jumpstart your day the Nutritious Way!! ***

WG= Whole Grain WW=Whole Wheat



Students MUST take a Fruit or Vegetable serving at lunch to qualify for student price meals. When the necessary components are not taken, a higher a la carte price must be charged



The following items can be bought with money in account or money on hand!

This includes:

Extra entrees

Yogurt

Yogurt Parfait

Pasta Salad

Deli sandwich

PB & J sandwich

Beverages

Ice Cream

Bread or Breadsticks

Mrs. Karen's treats

Ex: Cookies, Cinnamon sticks, Apple crisp, etc.

Snack Cart

*** Please check with Ms. Sarah **BEFORE** making a purchase
Of any extras listed above***

ONLY FULL MEALS MAY BE CHARGED